Sepsis awareness

Ballad Health

Sepsis is a life-threatening emergency

Sepsis is a life-threatening emergency that occurs when your body's response to an infection damages vital organs and can lead to death.

Like strokes or heart attacks, sepsis is a medical emergency that requires rapid diagnosis and treatment so call EMS or go to the nearest Emergency Room if suspected. Severe sepsis can lead to septic shock.

Your immune system usually works to fight any germs, bacteria, viruses or parasites to prevent infection. If an infection occurs, your immune system will try to fight it, although you may need help with medication such as antibiotics, antivirals or antifungals. Sometimes the immune system stops fighting the "invaders" and begins to turn on itself. This is the start of sepsis.

Some people are at higher risk of developing sepsis because they are at higher risk of contracting an infection. These include the very young, the very old, those with chronic illnesses and those with a weakened or impaired immune system. People who are malnourished can also contract infections more easily. This is why good hand hygiene and maintenance of vaccination schedules are so important.

Use the T.I.M.E. acronym developed by the Sepsis Alliance to help you recognize the possible signs of sepsis developing.



Temperature
Person may have higher or lower than normal body temperature.

Infection
Person may complain of cough and respiratory drainage, foul smelling urine or have open and draining wounds.

Mental decline
Person may be sleepy, experiencing confusion or difficult to awaken.

Extremely ill
Person may complain of severe pain or feel short of breath.

Word search

L H G U C Y C A G W V N P Z F G G S U T J M C Z L
A M O B S L A G N U F I T N A D N B H D E A T H A
H E Y S O J F C V T C G J N B E U R M Y U L R S B
I N P I C M V G N A C M I Q L E O H N M T X R E O
C T E Q E E Z W G E R M S S A V Y D X X W X Z V V
E A E L Z S R I U T E R U T A R E P M E T X X E B
M L L N O I T A N I C C A V V V K G S K N B S R Z
I D S G I A G Z D E S N O P S E R C I X O T X E O
T E H S Y P N D D V O N S S S F J N E S U Y K P Y
Z C P D U B U C X H O C R E G L V F O Q L R K A V
W L Q B J F A O R C H E Z P S E S U R I V G S I V
O I Z J W L V H L Q A X I S N F K S F Z N C H N F
H N M A L N Q W L I F Z R I R U H F E I O D O U F
C E K E O R U Y R X E I T S O O L Z N P A V R T X
O X M Y Z J V E W S N P V T C L B E L S V Z T U Z
N S C B V S T T I F D S Q K I C T F W F E X O R Y
F X H P T C I R E Q U S X Y J A H O E H X P F O V
U Z E X A M S C O S R H L A E B U R U M J I B T D
S N U B X G T O I C X E D R L N V L O V D S R U E
I Q A T L I B A M I M U H F D T J H V N J W E C N
O J E E O W I C M E Q T Q S I N F C U S I U A P I
N U G N V I B I R V E H D L O O S H G J G C T Y R
P L E M M G Z T H F F X J O K S F Z S C C E H M U
Y L A T I V X O I J A N T I B I O T I C S N P G J
Y T J F A E J L I Y S U G N U F S S A H H S E G E

- Bacteria
- Time
- Temperature
- Sepsis
- Mental decline
- Infection
- Extremely Ill
- Vaccination
- Severe Pain
- Sleepy
- Short of breath
- Wounds
- Germs
- Viruses
- Shock
- Confusion
- Call EMS
- Chronic
- Old
- Life threatening
- Fungus
- Toxic Response
- Vital
- Death
- Young
- Antifungals
- Antibiotics
- Urine
- SIRS

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