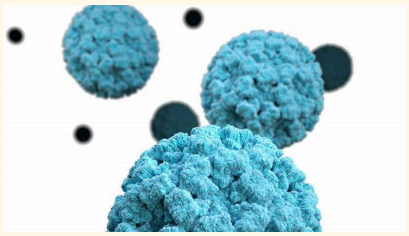


NOROVIRUS



A HIGHLY contagious virus that causes acute gastroenteritis, an inflammation of the stomach and intestines. Symptoms include stomach pains, vomiting, diarrhea, fever, headache, and body aches. It is often referred to as the "stomach bug" or "food poisoning".





Symptoms last approximately 24-72 hours.

Norovirus spreads easily through direct contact with an infected person, consuming contaminated food or water, or touching contaminated objects or surfaces. Only a very small amount of the virus is needed to cause serious infection. An infected person can shed the virus for up to 2 weeks after recovery.

Wash your hands with soap and water.

Do not prepare, handle food, or care for others while symptomatic.

This virus can linger for days, even weeks, if not properly disinfected with approved bleach products.



Contact II Isolation with Visitor Precautions is required due to the risk of rapid spread within hospital settings. Contact Infection Prevention to determine the duration of isolation.



For questions, please contact Infection Prevention or Team Member Health.