Don't Let Mumps Spoil Your Fun!

Mumps is a contagious viral disease that affects the salivary glands and can spread through respiratory droplets or touching infected surfaces. It can impact individuals of any age.



Common signs include:

- Headache
- Fever
- Tiredness
- Puffy cheeks
- Tender, swollen jaw

Serious complications may include brain inflammation, hearing loss, and miscarriage if contracted by the mother in the first trimester

Patients with suspected or confirmed mumps require Droplet Isolation immediately.

If a suspected patient is in the ED, ensure they wear a surgical mask immediately to prevent exposure to others.



While vaccinated individuals can still contract mumps, their symptoms are usually milder, and complications occur less frequently.

Prevention Tips

Cover your cough and sneezes.

Hand Hygiene

MMR vaccination

Stay home when you are sick.

For questions, contact your local Infection Preventionist or Team Member Health office