

# Nursing Symposium

Reignite, Renew, and Recognize

Please join us for a fun day of education to reignite your passion for the nursing profession! We will hear from nursing experts on national and international levels.

**Nov. 2 or 3\* | 8 a.m.-3 p.m.**  
**Bristol Regional Medical Center, Monarch Auditorium**

\*The same conference will be presented twice, allowing two options to attend

## Speakers

**Regaining Joy and Balance to Move Forward - How Nurses Can Refresh, Regroup, and Re-Energize**  
Donna Cardillo, MA, RN, CSP, FAAN

**Stabilize, Optimize, Energize: Achieving Next Level Performance in the New Healthcare Reality**  
Jeff Doucette, DNP, RN, NEA-BC, FACHE, FAAN

**Burning Down Then Out**  
Selinza Mitchell, PN, CNE

**Name Your Purpose**  
Teresa Trammell, CPNP-AC, APRN, MSN, MHA

## Who is invited?

All Ballad Health RNs & LPNs

## Online Registration Required

**Deadline for registration**  
Oct. 20  
Registration Fee: \$10  
Lunch Provided

**Scan the QR code to register.**

Registration is limited to 250.



Ballad Health is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.