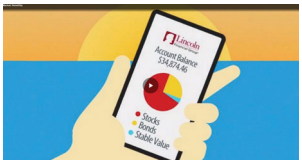
Stay the course with retirement planning

When the market goes up and down, it's natural for your emotions to do the same. That's why it's important to consider the big picture when saving for retirement. Historically, every downturn has been followed by a recovery. Focus on your goals, and remember that you're in it for the long haul.



Watch this short **animated video** to learn about navigating the waves of the market.

New statement feature: Looking ahead to retirement income

Speaking of the long haul, you'll see a new feature on your retirement plan statement—a personalized Lifetime Income Illustration! It shows how your current balance converts to an estimated monthly payment for the rest of your life. **Learn more about this exciting enhancement**.

Meet one-on-one with your retirement consultant

Want personal help? Your Lincoln retirement consultants (RCs) are here to answer your questions, review your account, and help with retirement planning. Visit **LincolnFinancial.com/BalladHealthSchedule** to set up a meeting.

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